## Life assessment

## **Present state – Desired state**

	WHERE AM I NOW 0 TO 10	WHERE I WANT TO BE 0-10	STEPS TO CHANGE
RELATIONSHIP			
FRIENDSHIPS			
ADVENTURES			
ENVIRONMENT			
HEALTH & FITNESS			
SPIRITUALITY			
INTELLECT			
SKILL SET			
CAREER/SUCCESS			
CREATIVITITY			
FAMILY			
COMMUNITY SERVICE			